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## Professional Deformation Of Military Personnel Pedagogical And Psychological Problem.

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### ABSTRACT

The article deals with the pedagogical and psychological aspects of professional deformation of military personnel. It reveals pedagogical and psychological features affecting the occurrence of professional deformation and describes the causes of professional deformation in military personnel who have served for many years, as well as types of deformation at work.

### KEYWORDS

Military man, deformation, distortion, factors, professional psychology, psychologist, psychiatrist, physiologist, professional fatigue.

### INTRODUCTION

The professional deformation of military personnel is a peculiar psychological process that occurs as a result of working in the same profession for years. A synonym for occupational impairment is occupational deformity. One of the most obvious signs of a professional disorder is not being able to see

or be indifferent to what is most needed in this profession.

When does occupational impairment become apparent? - It is formed in the process of working in a profession for more than ten years. For example, teachers talk a lot, medical staff becomes indifferent to smells in

medical rooms, a tractor driver sleeps comfortably even when the engine is running, drivers are not nervous in traffic jams (indifference), farmers working in the field can continue to work without feeling the heat, and so on.

First and foremost, the position held, the number of years in which the employee has worked, where he or she works, and with whom he or she works are also important for occupational dysfunction in the military personnel. The occurrence of occupational disorders can primarily be seen by the lack of quality in the work they perform, and on the other hand, also depends on the mental state of the specialist.

Psychologist Pitirim Sorokin tried to explain the professional disorder as the impact of professional activity on a person. However, these problems have been highlighted by psychologists, physiologists, psychiatrists; for example, S.G. Gallerstein revealed the specific aspects of the negative impact of professional activity on the individual in the early twentieth century. A.K. Markova (1996), E.F. Zeer (2003), S.P. Beznosov (2004), R.M. Granovskaya (2010), S.A. Jrujilov (2013) and others great scientists in this field have tried to reveal professional deformations and their properties in their scientific work.

It is impossible not to agree with these views of the physiologist, psychiatrist, psychologist S.G. Gallerstein, that is, in an employee who performs active and reactive actions, the first mental deformities occur, and then physical deformities<sup>1</sup>.

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<sup>1</sup> Галлерштейн С.Г. Основные течения современной психологии / С.Г. Галлерштейн Л.С. Выготский М, 1930. 264 p.

Well-known scientist AK Markova, in her book Психология профессионализма (Psychology Professionalism), says that “professional deformation of the individual, age-related changes in teachers, occupational fatigue, difficult and unbearable conditions, long-term stressful situations, labor and occupational disorders lead to crises<sup>2</sup>.” At first glance, this definition seems to be correct, but in fact there is an ambiguity in the translation along with the stretch, in our opinion. (emphasis added E.A.).

In fact, we try to define it as follows and briefly, that is, professional impairment is the result of factors that occur in the process of professional activity and negatively affect the effectiveness of the work performed. It is correct to think that this is the emergence of undesirable qualities. (emphasis added E.A.).

There are the following types of occupational disorders today:

- a) General occupational disorders which are a process common to all professionals.
- b) Specialists with special professional impairment, i.e. employees of law enforcement agencies, military personnel, employees of the State Security Service, employees of the Fire Service.

The consequences of professional impairment in the military personnel certainly have an impact on subordinates and their upbringing. The professional impairment of the boss affects the performance of the professional duties of the subordinates. Therefore, their superiors should take all necessary measures to prevent the professional impairment of their military personnel. But even so, of

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<sup>2</sup> Маркова А.К. Уэзинг Психология профессионализма // Маркова А.К. М.:Международный гуманитарный фонд “Знание” 1996, 312 с

course, a general occupational disorder begins to appear in every employee after a few years. Specific occupational impairment is more dangerous than general occupational impairment. Because a specific occupational disorder is related to a professional activity, i.e., a service activity. There is also a direct and indirect impact of the environment in the workplace on the professional impairment of military personnel. A negative environment, on the other hand, forces military personnel to look coldly at his duty. On the other hand, it leads to reluctance to understand the essence and goals of the activity, a loss of desire to work in the current position and field. It makes disciplinary violations normal.

The factors that lead to professional impairment in the military personnel are, firstly, injustices on the part of commanders, and secondly, the impact of technical means and equipment not only on the mental state of soldiers, but also on their physiological and biological state. Other important reasons are injustices in the division of labor, daily service, professional habits, slowness in thinking ability, which sometimes has the effect of character, if necessary.

Is there an effect of time as long as there is an influence of the environment on the professional disorder of each military personnel not only related to their individuality but also to the inner mental environment that influences the formation of individuality? Of course, the impact of time also depends on the individuality of the employee, as the profession significantly changes a person's character, which can lead to a change for the better or for the worse.

The temperament of the employee also has an impact on the occurrence of occupational impairment. Occupational dysfunction in an

employee with a choleric temperament is formed much faster than in employees with a different temperament, because employees with this temperament react to each event more quickly. Of course, there is also the influence of the family in the prevention of occupational impairment in the military, the family environment should not continue the negative environment at work, otherwise the occupational impairment in the staff will accelerate.

Negative social relations between military personnel are also the beginning of a professional breakdown. Because during the service, the negative environment in the workplace, the negative environment in the family, the negative environment between relatives, vacation in the workplace, untimely payment of wages, housing problems, kindergarten, school problems all come together to show their impact on the morale of military personnel. We believe that this will create a basis for professional impairment.

## CONCLUSION

It is possible that the professional impairment does not choose the age, but the environment, the situation.

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