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## Research Article

# ROOTING FOR RESILIENCE: LEGUME PLANT RESPONSE TO DROUGHT STRESS

Submission Date: October 27, 2023, Accepted Date: November 01, 2023,

Published Date: November 06, 2023

Crossref doi: <https://doi.org/10.37547/tajhfr/Volume05Issue11-01>

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## ABSTRACT

This study explores the intriguing journey of legume plants as they confront and respond to drought stress. Drought stress is a significant environmental challenge that affects legume crop production and overall agricultural sustainability. In this research, we investigate the physiological, biochemical, and molecular mechanisms that legume plants employ to adapt and survive in drought conditions. Our findings shed light on the fascinating strategies that legume plants employ to enhance resilience, including root adaptations, osmotic regulation, and antioxidant defense systems. This knowledge is essential for developing sustainable agricultural practices and crop improvement strategies in the face of climate change and increasing water scarcity.

## KEYWORDS

Legume plants; Drought stress; Resilience; Adaptation; Root systems; Osmotic regulation; Antioxidant defense.

## INTRODUCTION

Drought stress, a consequence of climate change and increasing water scarcity, presents a formidable challenge to agricultural sustainability and food

security worldwide. Among the crops facing the adversity of prolonged water deficits, legume plants hold a special place due to their economic, ecological,

and nutritional significance. Legumes, including beans, peas, lentils, and soybeans, play a crucial role in global agriculture by contributing to soil fertility through nitrogen fixation, providing high-quality protein sources for human and livestock consumption, and diversifying cropping systems.

In the face of an uncertain climate future, understanding how legume plants respond to drought stress is paramount. The ability of these plants to adapt and thrive under water-limited conditions not only ensures their own survival but also has a far-reaching impact on global food production and agricultural ecosystems. Rooted in the intricate relationship between legume plants and their environment, this study delves into the fascinating story of how legumes tackle drought stress, revealing the strategies they employ to bolster their resilience.

The "Rooting for Resilience: Legume Plant Response to Drought Stress" research seeks to unravel the physiological, biochemical, and molecular mechanisms that underpin the remarkable adaptability of legume plants when faced with water scarcity. By shedding light on the intricate web of responses and adaptations that these plants employ, we hope to provide valuable insights for sustainable agriculture, crop improvement, and climate change mitigation.

This exploration not only highlights the crucial role of legume crops but also underscores the broader

significance of understanding plant responses to environmental stress. As the global community grapples with the consequences of a changing climate, the resilience of legume plants serves as an inspiring model for adaptation, offering hope and innovative solutions to enhance the sustainability and security of our food systems.

## METHOD

The research conducted in "Rooting for Resilience: Legume Plant Response to Drought Stress" followed a systematic and methodical process to investigate the responses of legume plants to drought stress. The study began with the careful selection of two prominent legume species, soybeans (*Glycine max*) and common beans (*Phaseolus vulgaris*), both of which play crucial roles in global agriculture. Seeds were sourced from reputable suppliers and subjected to germination tests to ensure their quality and viability.

To impose drought stress conditions, controlled growth chambers were employed, providing a highly regulated environment for plant cultivation. These chambers allowed researchers to meticulously control environmental variables, including temperature, humidity, and light, which was critical for the precision of the drought stress treatments. Drought stress was applied at specific developmental stages, such as flowering and pod formation, to simulate real-world

conditions and assess the sensitivity of legume crops during these phases.

Physiological measurements were a pivotal aspect of the research, with parameters like stomatal conductance, photosynthesis rates, transpiration rates, and leaf water potential being monitored throughout the drought stress period. Biochemical analyses were conducted to investigate changes in the accumulation of osmoprotectants and the activities of antioxidant enzymes, which provided insights into the plant's defense mechanisms against drought-induced oxidative stress.

Molecular responses were assessed by examining gene expression patterns, using RNA extraction and quantitative real-time polymerase chain reaction (qPCR) to quantify the expression of stress-responsive genes known for their role in drought tolerance.

The data collected from these various analyses were subjected to rigorous statistical scrutiny, including ANOVA and post-hoc tests, to evaluate the significance of differences between treatments. Adequate replication and randomization were employed to ensure the reliability of the results and minimize bias.

Ultimately, the integration of data from physiological, biochemical, and molecular analyses allowed for a comprehensive understanding of how legume plants respond to drought stress. The process provided valuable insights into the multifaceted strategies

employed by these crops to enhance their resilience, contributing to the broader knowledge of plant responses to environmental stress and offering potential solutions for sustainable agriculture in the face of climate change and water scarcity.

To investigate the responses of legume plants to drought stress, a comprehensive research approach was employed, encompassing both laboratory and field experiments. The methods described here provide an overview of the techniques and procedures utilized in this study.

#### **Selection of Legume Species and Growth Conditions:**

For this research, two commonly cultivated legume species, soybeans (*Glycine max*) and common beans (*Phaseolus vulgaris*), were selected due to their agronomic importance. Seeds of these species were obtained from reputable sources, and initial germination tests were conducted to ensure seed quality. Plants were grown in environmentally controlled growth chambers, providing precise control over environmental variables, including temperature, humidity, and light, which facilitated the imposition of drought stress treatments.

#### **Drought Stress Treatment:**

Drought stress was applied at specific growth stages to mimic real-world conditions. To induce drought stress, water was withheld from the plants at critical

developmental stages, primarily during flowering and pod formation, which are sensitive phases for legume crops. Drought stress severity was determined based on soil moisture measurements, with treatments varying in terms of duration and intensity.

### **Physiological Measurements:**

Physiological parameters were assessed to gauge the responses of legume plants to drought stress. These included measurements of stomatal conductance, photosynthesis rates, transpiration rates, and leaf water potential. These measurements were taken at regular intervals throughout the drought stress period using standardized instruments and protocols.

### **Biochemical Analysis:**

Biochemical changes in legume plants under drought stress were investigated. This involved analyzing the accumulation of osmoprotectants, such as proline and soluble sugars, as well as antioxidant enzyme activities, including superoxide dismutase (SOD), catalase (CAT), and peroxidase (POD). Leaf samples were collected, and biochemical assays were conducted according to established laboratory methods.

### **Molecular Analysis:**

The molecular responses of legume plants were assessed by examining gene expression patterns. RNA samples were extracted from plant tissues, and quantitative real-time polymerase chain reaction

(qPCR) was employed to quantify the expression of stress-responsive genes involved in drought tolerance. The selection of genes was based on prior knowledge and literature review.

### **Statistical Analysis:**

Data obtained from the experiments were subjected to rigorous statistical analysis. Statistical tools, including analysis of variance (ANOVA) and post-hoc tests, were used to evaluate the significance of differences between treatments. Graphical representations and data visualization were also employed to illustrate the findings effectively.

### **Replication and Randomization:**

All experiments were conducted with adequate replication to ensure the reliability and robustness of the results. Randomization of treatments and samples within each experiment was carried out to minimize bias and increase the validity of the findings.

### **Data Integration:**

The data from physiological, biochemical, and molecular analyses were integrated to provide a comprehensive understanding of the responses of legume plants to drought stress. Patterns and relationships between various parameters were explored to uncover the underlying mechanisms of resilience.



By employing this multifaceted approach, the study aimed to provide a holistic view of how legume plants respond to drought stress, encompassing physiological, biochemical, and molecular aspects, with the ultimate goal of shedding light on strategies for enhancing the resilience of these important crops in the face of increasing water scarcity and climate change.

## RESULT

The results of our study on legume plant responses to drought stress unveiled a multi-faceted picture of how these important crops adapt and respond to water deficits. Physiological measurements demonstrated a significant reduction in stomatal conductance, photosynthesis rates, and transpiration rates in response to drought stress. Leaf water potential also decreased, indicating water stress in the plants. These findings highlighted the sensitivity of legume plants to water scarcity, particularly during critical growth stages.

Biochemical analyses revealed an upsurge in the accumulation of osmoprotectants, such as proline and soluble sugars, under drought stress conditions. Concurrently, the activities of antioxidant enzymes, including superoxide dismutase (SOD), catalase (CAT), and peroxidase (POD), increased significantly. These changes suggested that legume plants employ osmotic regulation and antioxidant defense mechanisms to

mitigate the adverse effects of drought-induced oxidative stress.

Molecular analysis further illuminated the underlying gene expression patterns responsible for drought tolerance in legume plants. Key stress-responsive genes were found to be upregulated during drought stress, emphasizing the role of genetic adaptation in enhancing resilience.

## DISCUSSION

The results obtained in this study underscore the intricate and interconnected responses of legume plants to drought stress. The significant reduction in stomatal conductance, photosynthesis, and transpiration rates indicated that the plants' primary response to conserve water is to reduce transpirational water loss by closing stomata. However, this response may come at the cost of reduced carbon assimilation, affecting overall plant growth and crop yield.

The accumulation of osmoprotectants like proline and soluble sugars is a common response to drought stress, acting as osmotic adjusters to maintain cell turgor and protect against desiccation. This is a vital survival strategy for legume plants under water-limited conditions. Additionally, the increased activities of antioxidant enzymes reveal the plant's defense mechanisms against oxidative damage caused by drought-induced reactive oxygen species.

The upregulation of stress-responsive genes further highlights the genetic adaptability of legume plants, emphasizing the importance of a coordinated genetic response to drought. These genes are crucial for modulating physiological and biochemical processes and promoting drought tolerance.

## CONCLUSION

In conclusion, "Rooting for Resilience: Legume Plant Response to Drought Stress" has provided valuable insights into the responses of legume plants to drought stress, shedding light on their multifaceted strategies to enhance resilience. These findings have significant implications for sustainable agriculture and food security in the face of climate change and increasing water scarcity.

The study demonstrated that legume plants employ a range of responses, including stomatal closure, osmotic regulation, and antioxidant defense mechanisms, to adapt to drought conditions. Additionally, the upregulation of stress-responsive genes underscores the genetic adaptability of these crops. Understanding these responses can inform agricultural practices and crop improvement strategies, aiming to develop more drought-tolerant legume varieties and enhance the sustainability of legume crop production in a changing climate.

Ultimately, the research presented in this study not only advances our understanding of legume plant

responses to drought stress but also offers hope for the future of agriculture, with the potential to increase crop resilience, improve food security, and mitigate the challenges posed by water scarcity and climate change.

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